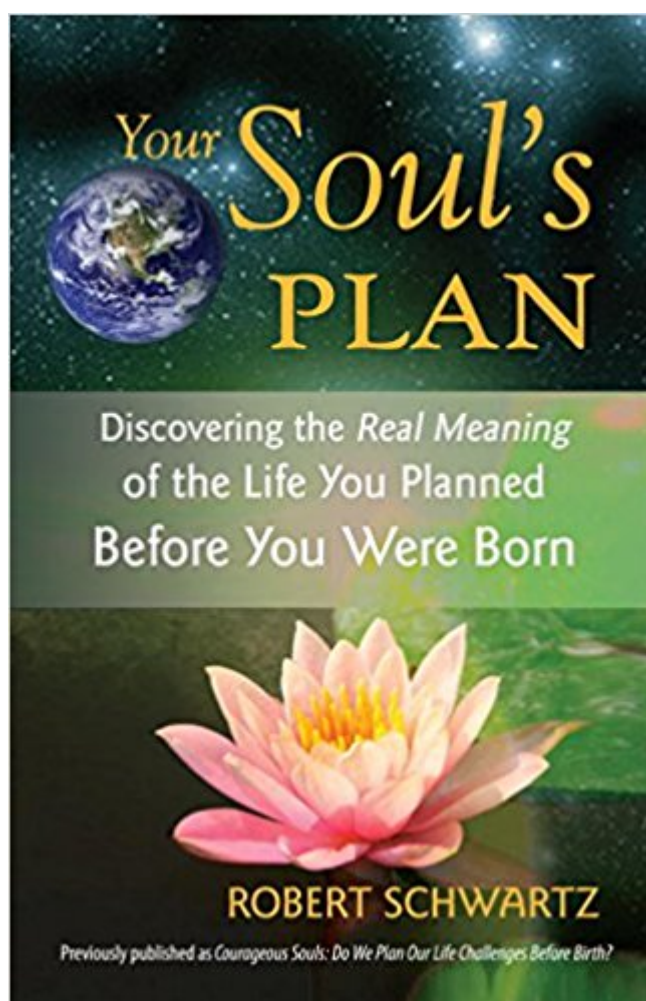


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# Your Soul's Plan: Discovering The Real Meaning Of The Life You Planned Before You Were Born



## Synopsis

Would you like to understand the deeper spiritual meaning of physical illness, parenting handicapped children, drug addiction, alcoholism, the death of a loved one, accidents, deafness, and blindness? *Your Soul's Plan* (which was originally published under the title *Courageous Souls: Do We Plan Our Life Challenges Before Birth?*) explores the premise that we are all eternal souls who plan our lives, including our greatest challenges, before we are born for the purpose of spiritual growth. Through compelling profiles of people who knowingly planned the experiences mentioned above, *Your Soul's Plan* shows that suffering is not purposeless, but rather imbued with deep meaning. Working with four gifted mediums, author Robert Schwartz reveals the significance of each person's life plan and allows us a fascinating look into the "other side." Each personal story focuses on a specific life challenge, organized by type for easy reference. Accessible both to those familiar with the metaphysical aspects of spirituality and to the general reader, the moving narratives that comprise *Your Soul's Plan* help readers awaken to the reality that they are transcendent, eternal souls. With this stirring book as a guide, feelings of anger, resentment, guilt, and victimization are healed and transformed into acceptance, forgiveness, gratitude, and peace. Robert Schwartz is also the author of *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*, which explores the pre-birth planning of spiritual awakening, miscarriage, abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. There is also a chapter about the pre-birth planning we do with our future pets. Robert Schwartz is a hypnotherapist who offers general Spiritual Guidance Sessions, Past Life Soul Regressions, and Between Lives Soul Regressions. Visit Robert online at [www.yoursoulsplan.com](http://www.yoursoulsplan.com).

## Book Information

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## Customer Reviews

"The more we know about the meaning of life, the better we understand the important choices we must make. Robert Schwartz has done an excellent job of presenting the possible explanations of what we are doing here and why we are here. I highly recommend this book."

•Dannion Brinkley, author of *Saved by the Light* and *The Secrets of the Light*

"Your Soul's Plan is a deeply insightful guide as to why our lives unfold as they do and how to direct them to a deeper place. A powerful book . . . I highly recommend it."

•Sonia Choquette, author of *The Answer is Simple . . . Love Yourself, Live Your Spirit!*

"Your Soul's Plan is one of the most detailed explorations I have seen into understanding why we have chosen certain paths in our lives and how we may use that information to continue our journey as a soul here and now. This book will help thousands of people. A book you HAVE to have in your library!"

•John Holland, author of *Born Knowing* and *Power of the Soul*

"Schwartz provides a very special sense of seeing divine order everywhere | Your Soul's Plan provides a fabulous and much-needed compass for those of us seeking to regain the deeper awareness of our core spiritual strength. Highly recommended!"

•New Consciousness Review

"Your Soul's Plan is highly recommended to anyone trying to understand the suffering, tragedy or loss that has caused them to question life, death and/or God. And who among us is not inflicted by such challenges and questions in our lifetime? In my eight years researching life after death, spirituality and life purpose, I have discovered no better explanation of why human challenges exist than what is so eloquently written in Robert Schwartz's book."

•Bob Olson, OfSpirit.com Editor

"The serene cover of Your Soul's Plan belies the punch with which Robert Schwartz communicates the results of his research into pre-birth planning . . . Overall, it is one of the best books of this kind I have come across."

•Anna Jedziewski, *New Age Retailer* magazine

So often, when something "bad" happens, it may appear to be meaningless suffering. But what if your most difficult experiences are actually rich with hidden purpose -- purpose you yourself planned before you were born? Could it be that you chose your life's circumstances, relationships, and events? Within these pages are stories of ten individuals who -- like you -- planned before birth to

experience great challenges. Working with four gifted mediums and channels, author Robert Schwartz discovers what they chose--and why. Through these remarkable stories of pre-birth planning, you can:

- \*Learn why each of us decides to experience such challenges as illness, difficult relationships, the death of a loved one, and accidents
- \*Understand how you as a soul create your life blueprint
- \*Consciously use your challenges to foster spiritual growth and healing

The book contains amazing information; I honestly only finished the first 3 chapters. I think the mediums that the author worked with are the real deal and the messages of life planning are amazing. I became disinterested when the topics went to children and the like, but I thought the first few chapters were awesome and even helped me see things in my life differently. For instance, I now see my father in a different light. I don't see myself as a victim. It's a very powerful message.

Interesting book that leaves me unsettled, with many questions as yet unanswered (at least for me). He looks at major issues: LBGBT, Blindness, Cancer, etc., and explores why souls decided to incarnate with those outcomes.

His work is really changing my life right now. I've practiced buddhism for 25 years, but his generosity of information and my connection to his work surpasses anything experienced in all my buddhist experiences, including Nepal and a degree in buddhist studies. Really helps letting go of past atrocities make sense. Well done, Robert Schwartz! Thank you!

From the moment I picked it up, I just couldn't put the thing down!! While the book didn't answer why I personally had faced and lived with certain challenges, the true stories shared within the fabric of stories offer the reader a more positive and enlightened outlook as to why things happen. The soul chooses so certain situations that it can grow in knowledge from experiencing. Sometimes the soul may have an obligation to fulfill with another soul or souls in the process. Life is because we are soul. Soul desires and chooses experiences so that it can grow in consciousness of itself and other souls through lessons in love.

I found the book to be well-written, thoughtful, and measured in its approach to a topic that some may find difficult to believe in, or even to entertain. For me, I believe that there is much to explore in the realms of experience, phenomenology, conscious, perception, the nature of reality, as well as life and death. If one is curious about these ideas, and willing to explore an alternative perspective

(in a book that is not overly 'new-age-y' in its approach), then you may enjoy this book. Happy reading!

Schwartz (along with the Mediums & Spirit Guides) explains why we choose specific challenges to face here on Earth. I bought this book specifically to learn why I'd chosen Adoption as my life theme, and I cried when I found out. Jeshua (Jesus, as we know Him), is one of the Spirit Guides who speaks to us in this book. His explanations are beautiful and touching beyond belief. If you are an open minded individual, definitely read this book.....it can change your life and allow you to appreciate your challenges and strive to rise ABOVE them instead of stay mired in self-pity.

Your Soul's Plan is a significant addition to the growing awareness of the multidimensional aspects of life of which soul agreements are a crucial ingredient. Information such as this gives insight literally beyond the veil in extraordinary ways. As the Law of Attraction was for the last decade, soul contracts, imo, will be for the coming decade, the next octave in awareness that creates more freedom, understanding and personal power. Some of the stories were simply astonishing, and in combination with other books I have read, plus personal intuitive experience, the knowledge revealed literally turns everything 180 degrees. We DO NOT KNOW why things happen, but glimpses such as revealed in these accounts demonstrate a power of the soul, consistent with narratives from other sources such as the great "Journey of Souls", that re-frames entirely the nature of the Earthly and human experience. What stands out also is the brilliance of Divine Intelligence that works through us to create such amazingly specific conditions. This came through in the chapter on the mother with autistic children quite strongly. One issue. After reading Life Between Life by Joel Witton and working with some channeled sources, I wish to investigate more the apparent diversity of Soul planning. My increased understanding is not every contract(s) is as specific as the one's in this collection. And that "intention" might be a more fluid word than contract. But all in all a highly important addition to a growing field of understanding of how things really work. The decline of traditional religious thought, which is outdated and often harmful, will be accelerated by works such as this. About time.

In a period when so many authors are saying many of the same things but using different words, Your Soul's Plan is a landmark book. It is destined to educate and inspire for decades. After I read the first 50 pages I said to myself that "if" this guy can maintain the clarity and depth then he is truly a gifted writer, with a enlightening message. No words or message can make life on earth easy,

however Schwartz has made it "easier". The mark of wisdom is simplicity and sensitivity, which Schwartz applies to a very complex subject. Schwartz demonstrates his wisdom on every page as he educates his readers on major components of "our pre-incarnation planning process" (while we are in the spiritual realm). If you are interested in an education on our pre-birth planning process and/or a new and improved perspective on some of your most perplexing challenges, then this book is a must read....an instant classic.

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